

## Program Assistants Schedule January to March 2012

<u>Team 1</u>	<u>Team 2</u>	<u>Team 3</u>	<u>Team 4</u>
Sarah Hills *	Danielle Lightfoot *	Miranda Podolinsky *	Mallory Straatman*
Elyse Watson *	Lisa Mihalik *	Haley Podolinsky *	Ashley C*
Ally Cumming (SA)	Lauren Lassaline (SA)	Megan Redick (SA)	Lisa Smeekens*
Martina Watson	Kayla Kucera	Aneissa Gutcher	Rachel Millson (SA)
Courtney McKellar	Sydney Redick	Lauren Brodie	Mackenzie King
Kaitlyn Kohoutek	Lynnai Bruggeman	Carolynn Armstrong	Chiara Free
Bobbi-Jacklyn MacDonald	Ashley Kucera	Emma Sanders	Ashley Podolinsky
Megan MacDonald	Sarah Hayter	Grace Sanders	Carter King
Michela Searson		Tiffani Cleve	Zoey Degroot

- Coach StarSkate ice time (Wed. 5:50 p.m. and Sat. 9:45 a.m.) (SA – Starskate A only)

<u>WEDNESDAYS</u>	<u>5:00 – 5:50 p.m. (CanSkate)</u>	<u>5:50 – 6:50 p.m. (StarSkate)</u>
Jan 4	Team 1 and 2	1* and 2*
Jan 11	Team 3 and 4	3* and 4*
Jan 18	Team 4	4* and Rachel M.
Jan 25 (Crazy Mitts Day)	1	1* and Ally C.
Feb 1	2	2* and Lauren L.
Feb 8	3	3* and Megan R.
Feb 15	<b>DRESS REHEARSAL FOR CARNIVAL</b>	<b>5:00 – 7:00 p.m.</b>
Feb 22	1	1* and Ally C.
Feb 29	2	2* and Lauren L.
Mar 7	3	3* and Megan R.
Mar 14 (St. Patty's Day)	4	4* and Rachel M.
Mar 21	1	1* and Ally C
Mar 28	2	2* and Lauren L
<u>SATURDAYS</u>	<u>9:45 – 10:30 a.m. (CanSkate)</u>	<u>10:40 – 12:10 (StarSkate A &amp; B)</u>
Jan 7	Synchro Competition – ALL PA's not in synchro	
Jan 14	1	Open ice 10:40-12:30 1* and Ally C
Jan 21	Synchro Competition – ALL PA's not in synchro	
Jan 28	2	Open ice 10:40-12:30 2* and Lauren L
Feb 4	4	4* and Rachel M
Feb 11	3 (Regionals)	3* and Megan R
Feb 18	CARNIVAL 1 p.m. & 7 p.m.	
Feb 25 (Fav. Jersey Day)	1	1* and Ally C.
Mar 3	2	2* and Lauren L
Mar 10	3	3* and Megan R
Mar 17 (St. Patty's Day)	4	4* and Rachel M
Mar 24	Synchro Competition – ALL PA's not in synchro	
Mar 31	1	Open Ice 10:40 – 12:30 1* and Ally C (Test Day?)

If you are unable to attend a coaching session, *please find a replacement Program Assistant* to cover your spot and let Jacoba Dodge know of the switch at [jacobadodge@gmail.com](mailto:jacobadodge@gmail.com). Thank You!!!

### Theme Days:

**January Theme Day** – Crazy Mitts Day – Wed. Jan 25 & Sat. Jan 28 – Wear Crazy Mitts

**February Theme Day** – Favourite Jersey Day – Wed. Feb 22 & Sat. Feb 25 – Wear your fav team Jersey

**March Theme Day** – St. Patty's Day – Wed. Mar 14 and Sat Mar 17 – Wear Green & Shamrocks

PA's please dress up for theme days