

BROOKE-ALVINSTON SKATING CLUB

SESSION SCHEDULE

As of September 1, 2011 (Pending Number of Skater's)

MONDAY NIGHTS:

Senior Skills	5:00 – 5:30
Senior Dance	5:30 – 6:00
Senior Freeskate / Stroking	6:00 – 6:50

WEDNESDAY NIGHTS:

Intro to Synchro (free-stages 3-5)	5:00 – 5:10
CanSkate A (Stages 1 & 2)	5:10 – 5:40
CanSkate B (Stages 3 -5)	5:10 – 5:50
StarSkate A & B	Dance (Private Ice) 5:50 – 6:05
	Freeskate 6:05 – 6:50

SATURDAYS:

Setup for CanSkate	9:45 – 9:50 a.m.
CanSkate A (Stages 1,2)	9:50 – 10:20
CanSkate B (Stages 3-5)	9:50 – 10:30
	FLOOD 10:30 – 10:40
StarSkate A/Jr (Group Lessons)	10:40 – 11:40
<i>(stage 6/7 have not passed a SC test)</i>	
StarSkate B / Jr (Group Lessons)	10:40 – 12:10
<i>(passed Dutch Waltz and higher)</i>	
Senior Skills	12:10 – 12:40
	FLOOD 12:40 – 12:50
Senior Dance	12:50 – 1:20
Senior Stroking	1:20 – 1:30
Senior Freeskate	1:30 – 2:20